

## Mid City Wrestling Club Presents:

**Lee Pritts**  
June 2<sup>nd</sup> – 5<sup>th</sup> 2009

Instructor: Lee Pritts - Head Assistant Coach – Missouri University - Division I - 3rd place: 2007.

Assisted by: Carlos Bertot- Head Coach, Jesuit High School New Orleans and Jesuit wrestling staff.

Location: Jesuit High School  
4133 Banks St.  
New Orleans, La. 70119  
504-483-3929  
504-913-4773  
504-220-2626  
[bertot@jesuitnola.org](mailto:bertot@jesuitnola.org)  
[chalonbertot@bellsouth.net](mailto:chalonbertot@bellsouth.net)

**Instructor:** Coach Lee Pritts

- \* Head Assistant coach at Missouri University
- \* Former Assistant Coach - Old Dominion University
- \* Three time NCAA qualifier from 1996-1998.
- \* NCAA All-American for Eastern Michigan University @ 118 lbs
- \* 2000 Final Olympic Trials participant
- \* Has coached 9 NCAA All-Americans
- \* Has coached 2 NCAA National Finalists
- \* 2002 Virginia Duals Team Champions (Missouri)
- \* National Duals Team Runner-up

Carlos Bertot was a two-time state finalist ( '85, '86) for Jesuit High School and has lead Jesuit to two state championship finishes in 2006 and 2009 as head coach. Carlos also won two national titles in the USA Veterans division for folkstyle wrestling and freestyle wrestling in 2005. In 2006, Coach Bertot was voted Coach of the Year by *The Times-Picayune* for the 2005-2006 wrestling season. Coach Bertot is currently in his fourth season as Head Coach at Jesuit.

**Primary Facility:** The Jesuit High School Wrestling Room.

**Camp Schedule:** Tuesday, Wednesday, Thursday, Friday (2 sessions)

8:00 am - 9:00 am	Late Registration (6-2-09 only)
9:30 am - 11:00 am	Session 1
11:00 am - 11:45 am	Live wrestling
12:00 - 12:45 pm	Lunch
12:45 pm - 1:30 pm	Lecture on nutrition, goal setting and Proper lifting techniques.
1:30 pm - 3:00 pm	Session 2

Cost: \$125.00 per camper with USA Wrestling Card  
\$160.00 per camper without USA Wrestling Card

Make checks payable to: **Carlos Bertot**. Camp is open to all High School wrestlers in grades 6-12 with at least 1 year experience.

T- Shirts will be available for purchase for \$ 15.00 dollars. (Pre-order with size)

**Pre-Registration:** Via e-mail: [bertot@jesuitnola.org](mailto:bertot@jesuitnola.org) or [chalonbertot@bellsouth.net](mailto:chalonbertot@bellsouth.net)

Mail in checks and registration to: Carlos Bertot, 3817 N Woodlawn Ave, Metairie La. 70006  
Walk-ins are welcome!!!

Campers should have a USA wrestling card for insurance coverage during the camp.  
Camp will cover the three main areas such as takedowns, bottom work, and top work.  
Come and train with the *King of the Mat*.... **Lee Pritts** ..The best Missouri University has to offer!